

SARAH'S TACO SOUP

- 1 lb. longhorn ground meat
- 1 package of taco seasoning
- ½ cup picante sauce
- 1 package ranch dressing mix
- 1 can each pinto beans, kidney beans, corn, hominy and rotel tomatoes

Brown ground meat and add taco seasoning. Then add picante sauce, ranch dressing mix and vegetables. I add a little water when I cook it. Cook until everything is heated through. Serve on tortilla chips or crush tortilla chips on top of each serving.

1 8 .5 oz. package of whole grain Medley
(brown and wild rice)

1 pound of ground beef

2 cups chopped bell pepper

1 cup chopped onion

1 -26 oz. jar of chunky tomato pasta sauce

1- 14.5 oz. can diced tomatoes

1 can beef broth

Prepare rice according to package directions. Meanwhile, in a large saucepan, cook the beef, green peppers, and onions until meat is no longer pink. Drain. Stir in pasta sauce, tomatoes, broth and prepared rice. Heat through.